

Upper limb

PROF TONY KOCHHAR

A shoulder expert and upper-limb surgeon, Kochhar's clientele ranges from international cricketers with 'problems with their bowling action' to professional boxers and martial artists. 'My expectation is that a patient makes a full recovery,' he says. 'There's no problem so great that they can't be back on the sports field.' Treatment plans include physio, injections and surgery, where necessary – although he insists: 'You operate when you have to and not before.'

*BMI The Sloane Hospital, 125
Albemarle Road, Beckenham, Kent
(020 8466 4050).*